

# BEST Practice Program

## “Building Evidence with Support to Transform”



### *Why do we do it that way?*

#### **Is there something you think your team could do better?**

The Building Evidence with Support to Transform (BEST) Practice Program provides an opportunity for nurses to investigate a practice issue to help ensure the RCH creates **a world where all kids thrive**.

As a participant in the BEST Practice Program, you will attend **10 program** days over 8 months, where you will be supported to conduct your own small research project. You will be guided through:

- Developing a research question from clinical practice
- Gathering and reviewing evidence
- Undertaking a small research project
- Identifying and communicating with stakeholders
- Developing skills to translate evidence into practice
- Identifying and addressing contextual factors to enable practice change

### **Interested?**

Nursing staff from the Melbourne Children's Campus are invited to submit expressions of interest outlining an identified practice issue and their interest in the BEST Practice Program.

Nominated nurses **must** have their application approved by their Nurse Unit Manger or Department Head and be able to attend the program days scheduled for:

- **Tuesday August 27<sup>th</sup> 2024**
- **Tuesday August 28<sup>th</sup> 2024**
- **Tuesday September 17<sup>th</sup> 2024**
- **Tuesday October 8<sup>th</sup> 2024**
- **Tuesday November 12<sup>th</sup> 2024**
- **Tuesday December 3<sup>rd</sup> 2024**
- **Tuesday February 4<sup>th</sup> 2025**
- **Tuesday February 25<sup>th</sup>, 2025**
- **Tuesday March 18<sup>th</sup> 2025**
- **Tuesday April 1<sup>st</sup> 2025**

Please note: Participation in the program will be supported by a combination of professional development leave and study leave as approved by the NUM/Department Head.

Have questions, a practice issue in mind, or would like to be nominated? Speak to your Nurse Unit Manager/Department Head or the Nursing Research Team!

**EOIs close Sunday 5th of May.**

*Please note due to the nature of the program nurses enrolled in a grad program will be ineligible for participation.*